# Sacramento County Office of Education Job Description Classification Title: Physical/Occupational Therapist

# **DEFINITION**

Under general direction, serves as a member of a transdisciplinary team of the Infant Development Program (IDP) serving the needs of infants, toddlers, and their families; provides ongoing assessment, evaluation, service coordination, consultation, and direct student therapy services related to motor, adaptive, and sensory development and other identified developmental needs; plans programming needs and interventions for students; performs related duties as assigned.

# **DIRECTLY RESPONSIBLE TO**

Appropriate Administrator

# SUPERVISION OVER

None; however, may provide technical direction to other staff in the Infant Development Program.

# **DUTIES AND RESPONSIBILITIES**

(Any one position may not include all of the listed duties, nor do all of the listed examples include all tasks which may be found in positions within this classification.)

## **Student Therapy Services**

Provides consultative therapy services in collaboration with the student's family and/or care providers, and transdisciplinary team, working towards developmental outcomes in the areas of sensory, gross and fine motor, functional, and adaptive skills; schedules, plans, and conducts home visits with families addressing specific student programming needs; continually observes and assesses developmental status to determine therapy needs within student and family routines and within program constraints; modifies therapy directed services as needed; recommends programming goals and strategies; conducts and demonstrates therapy activities with students; provides information and demonstrates strategies for positioning and handling options, environmental adaptions, and movement within the home and community; determines student's equipment needs; assists in acquiring adaptive equipment, orthotics, splints, and adaptive toys, which can include preparing and providing statements for justification; demonstrates use of adaptive equipment to families and staff; advocates for student and family regarding physical/occupational therapy needs.

## **Individualized Family Service Plan (IFSP)**

As a member of the transdisciplinary team, assesses and evaluates student functional and developmental status, including motor, sensory, functional, and adaptive skills, abilities, and needs; identifies strengths and needs to determine program eligibility; assists in developing IFSP goals and desired student outcomes; initiates and coordinates IFSP meetings within timelines; attends and participates in individualized education program (IEP) and transition meetings with families, community agencies, school district, and other related staff to determine future educational placement; provides written and/or oral information related to the student's developmental levels, strengths, and needs; reassesses student's needs and progress toward goals; contributes to full-team reports for IFSP review meetings.

#### **Service Coordination**

Coordinates services for a caseload of students with motor, adaptive, or sensory needs; provides resources and information to families, care providers, staff, and associated agencies regarding developmental skills and programming needs of students; collaborates with medical and community agencies regarding services for students; refers student to outside providers; recommends changes in or discontinuation of services; creates and maintains student files; completes periodic assessments according to state and program guidelines; presents assessment information to staff to determine team assignments; advocates for families with medical personnel and community agencies; works with student's family and IDP team members to transition services to school districts and other programs.

## Communication/Documentation

Maintains ongoing communication with families, care providers, staff, and related agencies to provide information and coordinate program and community services; prepares detailed reports and summaries relating to IFSP meetings, assessments, home visits, intervention activities, consultations, program planning, transition to school districts, and other related information; maintains educational and medical record files for students; prepares letters, formal requests, and recommendations to medical personnel and other agencies for equipment needs, funding sources, and coordination of services; attends meetings; maintains and coordinates schedules for home visits, parent education groups, trainings, and other meetings and appointments; creates home program handouts; shares information about student and family needs, and coordinates professional and community resources with other infant development staff and related organizations; maintains confidentiality.

# **MINIMUM QUALIFICATIONS**

## **Education, Training and Experience**

Appropriate degree in occupational therapy or physical therapy from an accredited institution; possession of appropriate occupational or physical therapist license/certification as determined by the State of California; any combination of training and experience in pediatric therapy which enhances the ability to perform the duties and responsibilities listed; experience working with infants and toddlers who have developmental disabilities or delays is desirable.

## Knowledge of

Early childhood typical and atypical intellectual, sensory, and gross and fine motor development; developmental disabilities, diagnoses, syndromes and their impact on functional performance, and acquisition of developmental milestones; coaching practices and various service delivery models; current evidence-based practices and modalities in early intervention; motor and reflex development, and techniques to facilitate motor development in children with special needs; therapeutic and adaptive equipment and splinting; educational, medical, and community resources available to families with young children; standard software applications including videoconferencing platforms.

#### Skill and Ability to

Observe and assess motor development; identify areas of sensory-motor dysfunction; develop and conduct motor focused interventions using family-centered and routine-based philosophies and strategies; research and resolve inquiries; maintain confidentiality of student information and records; utilize time management techniques to organize and prioritize work; react with flexibility and sensitivity to changing situations, settings, and needs; modify work schedules based on therapy and case management services to meet the needs of students and staff; work independently and as a team member; work with children, families, and care providers in a home environment; lift students as needed; use a computer to research topics related to therapy and to prepare comprehensive reports; organize and maintain accurate case records; share technical knowledge and skills with others in non-technical terms; maintain cultural awareness and sensitivity to work with different attitudes and lifestyles; communicate effectively in oral and written form with infants and toddlers, families, care providers, staff, and other community agencies from various cultural and socioeconomic backgrounds in one-on-one and group settings; establish and maintain cooperative working relationships with those contacted during the course of work; ability to lift, carry, and move various sized equipment and materials on and off the floor.

## **Other Characteristics**

Possession of a valid California driver's license and willingness to travel locally using own transportation to conduct work assignments: willingness to be trained in first aid and cardiopulmonary resuscitation.

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