

Sacramento County Office of Education Job Description

Classification Title: School-Based Mental Health and Wellness Clinician II

DEFINITION

Under general direction, provides clinical oversight, including clinical supervision per California Board of Behavioral Sciences requirements, of mental health practitioners on the clinical licensure track; provides coordination and oversight of Sacramento County Office of Education (SCOE) services as a member of the school-based mental health and wellness team within Sacramento County's continuum of care; facilitates and supports the development and delivery of school-wide mental health and wellness interventions, programs, and trainings; performs other related duties as assigned.

DISTINGUISHING CHARACTERISTICS

The School-Based Mental Health and Wellness Clinician II is distinguished from the School-Based Mental Health and Wellness Clinician by the years of experience required and the necessity to meet and maintain the California Board of Behavioral Sciences clinical supervisor training qualifications. Further differences include clinical oversight of mental health practitioners on the clinical licensure track and a higher level of responsibility for supporting these practitioners than is expected of the School-Based Mental Health and Wellness Clinician. Additionally, this classification provides technical assistance, training, support, and guidance to the School-Based Mental Health and Wellness team.

DIRECTLY RESPONSIBLE TO

Appropriate Administrator

SUPERVISION OVER

Professional, clerical, and technical personnel as assigned.

DUTIES AND RESPONSIBILITIES

(Any one position may not include all of the listed duties, nor do all of the listed examples include all tasks that may be found in positions within this classification.)

Program Support

Provides clinical supervision for mental health practitioners on the clinical licensure track, in accordance with California Board of Behavioral Sciences requirements; assesses need and delivers training to members of the school-based mental health and wellness team, school site staff, parents, guardians, caregivers, and community agencies, as appropriate; supports members of school-based mental health and wellness team with integration into school-wide culture and system, implementation of behavioral health integration within a multi-tiered intervention framework, and engagement in prevention and intervention activities; provides mental health and wellness related consultation to district staff and school site staff as-needed; serves as a technical resource to members of the school-based mental health and wellness team, district, and school site staff regarding mental health services; serves as a liaison between SCOE, Sacramento County Department of Health Services, district, school, and community organizations; develops and maintains collaborative and effective working relationships with students, families, district, and SCOE staff, and community partners; attends and participates in a variety of assigned meetings, committees, conferences, in-services, and special events; participates in the hiring process and training of department staff; collects data and prepares a variety of reports, including data entry and retrieval related to grant deliverables and evaluation.

School-Based Mental Health and Wellness Services

Supports school-based mental health and wellness team in providing direct and indirect mental health and wellness services including: facilitating communication with families, community and county partners, mental health staff, and providers, maintaining documentation regarding students served and services provided, and conducting crisis and/or risk assessment and response; collaborates with school team and attends or facilitates various school-site meetings; prepares and reviews formal statistical reports, case histories, assessments, and intervention records; may provide coverage and clinical school-based support as-needed.

MINIMUM QUALIFICATIONS

Education, Training, and Experience

Possession of valid California Board of Behavioral Sciences Licensed Clinical Social Worker (LCSW), Licensed Marriage and Family Therapist (LMFT), or Clinical Psychologist certification for two or more years; experience working with students in need of mental health services in a school setting; experience working with students who require special education services; experience developing and delivering professional learning; preference will be given to candidates licensed in California, or another state, at least two out of the last five years with experience providing psychotherapy, or supervising psychotherapists, during that time.

Knowledge of

Behavioral change theories and practices including early intervention positive behavior supports; tiered intervention practices; brief counseling techniques and crisis intervention; behavioral and education-based mental health needs of students including mental health disorders and substance use disorders; special education programs and the IEP process; mental health and wellness related community and state resources; health regulations and ethics related to school-based mental health services including Health Insurance Portability and Accountability Act (HIPAA) and Family Educational Rights and Privacy Act (FERPA); effective staff development methods; documentation and billing requirements for behavioral health services; proper English usage, grammar, spelling, punctuation, and vocabulary in all forms of communication; related local, state, and federal laws, codes, regulations, and requirements.

Skill and Ability to

Establish and maintain effective working relationships with individuals and groups from various educational, socioeconomic and cultural backgrounds; conduct effective meetings and conferences; collaborate with other system of care partners; demonstrate effective liaison relationships with parents, schools, and agencies; coordinate activities from many sources for the benefit of mental health practitioners on the clinical licensure track and the school-based mental health and wellness team; organize work and provide effective services within a limited timeframe; support and train school-based mental health and wellness team to conduct assessments, crisis intervention, and counseling; interpret test data and various assessments and reports; develop, coordinate, and deliver training and program materials; interpret, apply, and explain rules, regulations, policies, and procedures; communicate effectively and impart concepts and information accurately both orally and in writing; analyze and evaluate situations accurately and adopt an effective course of action; maintain confidentiality and discretion; work independently with little direction.

Other Characteristics

Completion of California Board of Behavioral Sciences clinical supervisor training requirements prior to employment; possession of a valid California driver's license and willingness to travel locally using own transportation to conduct work assignments.

Approved by the Personnel Commission on 5/9/2023