



Sacramento County Office of Education COVID-19 Protocols

The California Department of Public Health (CDPH) and California Division of Occupational Safety and Health (Cal/OSHA) provided their most recent guidelines regarding COVID-19 on January 9, 2024, and SCOPE immediately began following them. These updates reflect guidance that moves to a symptom-based exclusion approach.

For symptomatic COVID-19-positive individuals, there is no longer a set isolation period of 5 days, but rather at least a twenty-four (24) hour period and adherence to the following before being cleared to return to the workplace:

- 24 hours have passed with no fever, without the use of fever-reducing medications, AND
- Symptoms are mild and improving.

For Close Contact of Individuals with COVID-19, there is no longer required testing; however, it is recommended for those who are at risk of severe disease or who have contact with people who are at higher risk of severe disease.

In workplace outbreaks or major outbreaks, the COVID-19 Prevention Regulations still require testing of all close contacts in outbreaks, and everyone in the exposed group in major outbreaks. Employees who refuse to test and have symptoms must be excluded for at least 24 hours from symptom onset and can return to work only when they have been fever-free for at least 24 hours without the use of fever-reducing medications, and symptoms are mild and improving.

Please be advised that all SCOPE staff will continue to adhere to the following protocols and strategies to prevent the spread of COVID-19 in schools and workplaces:

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If you develop any symptoms of COVID-19, please stay home, and get tested.

If you test positive for COVID-19, isolate her at home, and promptly notify Karen Robison in Personnel at 916-202-5725 (text or call).

If you have had close contact exposure to a positive case at work or elsewhere, notify Karen Robison at 916-202-5725 (text or call). She will provide you with the latest guidelines from the California Department of Public Health (CDPH) and California Division of Occupational Safety and Health (DOSH), also known as Cal/OSHA. You may continue to report to work in person if you are not symptomatic.

January 11, 2024



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SCOE COVID-19 Prevention Strategies:

Sign-in Kiosk for Contact Tracing

Staff are required to sign in to each SCOE worksite either by utilizing the Sign-In Kiosks (employees can use the Sign-In Mobile App as well) or sign-in sheets for those sites without a Kiosk. The sign-in information provides our Personnel Department with the most expedient way to notify people of potential exposures.

Face Coverings Available

Although not mandatory, face coverings are recommended in indoor settings for those at high risk or in contact with high-risk individuals. Masks are available at all SCOE worksites for those who choose to wear them.

COVID-19 Testing

SCOE will continue to offer free over-the-counter COVID-19 tests available at the front desk of either the David P. Meaney Education Center or the Cy Young Support Services Center. If you are not based on the Mather Field work campus, contact Karen Robison, and she will assist in determining the nearest SCOE worksite for you to obtain a test.

For any questions, please contact Karen Robison, Personnel Analyst, at krobison@scoe.net or 916-202-5725.