



Programs and Services for Pregnant and Parenting Students

School districts play an important role in ensuring pregnant and parenting students have access to the educational programs and support services to succeed academically. The following school districts in Sacramento County offer multiple educational programs that provide a range of support services and referral assistance for pregnant and parenting students.

Center Joint Unified School District • (916) 338-6330

CJUSD's Family Resource Center provides referrals and resources to expecting and parenting students.

Location

Family Resource Center
(Spinelli Elementary Room #9)
3401 Scotland Drive
Antelope, CA 95843
(916) 338-6387

Services Offered

- Lactation Accommodations
- Resource Assistance
- Home Visits on Parenting and Infant/Child Health Safety (Referral Service by Birth and Beyond)
- Visiting Nurse (Referral Service by Nurse Family Partnership)

Elk Grove Unified School District • (916) 686-7700

EGUSD's Teen Parent Program (TPP) is funded by a grant from Kaiser Permanente and provides resources, education and case management for expecting and parenting students.

TPP is coordinated by the Youth Development Programs: (916) 686-7568.

Location

William Daylor High School
6131 Orange Ave
Sacramento, CA 95823
(916) 427-5428

Services Offered

- Parenting Classes
- School-Sponsored Childcare
- Lactation Accommodations
- Teen Parent Collaborative
- Teen Parent Resource Fair
- Emergency Supply Closet
- Bus Passes
- Career Technical Education (CTE) Classes on Early Childhood Education

Folsom Cordova Unified School District • (916) 294-9000

FCUSD's Adolescent Parent Program (APP) emphasizes the special needs of the expectant or parenting teen through a caring and supportive learning environment.

Location

Walnutwood High School
10848 Gadsten Way
Rancho Cordova, CA 95670
(916) 294-9105 (ext. 840111)

Services Offered

- Parenting Classes
- School-Sponsored Childcare
- Lactation Accommodations
- Resource Assistance
- Curb-to-curb Transportation
- Case Management

Galt Joint Union High School District • (209) 745-3061

GJUHSD provides referrals and resources for expecting and parenting students through its community partnerships.

Location

Galt Joint Union High School District
12945 Marengo Road
Galt, CA 95632
(209) 745-3061

Services Offered

- Lactation Accommodations
- Resource Assistance

Natomas Unified School District • (916) 567-5400

NUSD coordinates programs and services for pregnant and parenting students with the District Nurses and School Counselors.

“Teen Pregnancy,” a resource guide for pregnant and parenting students, provides a listing of available community resources and social services.

Location

Natomas Unified School District
1901 Arena Blvd.
Sacramento, CA 95834
(916) 567-5400

Services Offered

- Parenting Classes
- Lactation Accommodations
- Resource Assistance
- School Nurse Support (Before and After Pregnancy)
- OB/GYN Doctor (Referral Service)

River Delta Unified School District • (707) 374-1700

RDUSD provides referrals and resources for expecting and parenting students through its community partnerships with Rio Vista CARE and Rio Vista Food Pantry.

“Get What You Need: A Bilingual Guide to Teen Pregnancy and Parenting” is a bilingual resource guide available in both English and Spanish languages.

Locations

River Delta Unified School District
445 Montezuma Street
Rio Vista, CA 94571
(707) 374-1700

Rio Vista CARE (Mental Health Counseling, Crisis Intervention, Family Resources,
and Parent Education Classes)
628 Montezuma Street
Rio Vista, CA 94571
(707) 374-5243

Rio Vista Food Pantry (Food Assistance)
1105-A Airport Road
Rio Vista, CA 94571
(707) 374-5706

Services Offered

- Parenting Classes
- Lactation Accommodations
- Resource Assistance

Sacramento City Unified School District • (916) 643-7400

SCUSD's Teen Parent Program offers educational programs, emergency crisis assistance, and family support services for both male and female students at four campus locations. Call (916) 433-2736 for information.

Locations

American Legion
3801 Broadway
Sacramento, CA 95817

Elder Creek
7800 Lemon Hill Avenue
Sacramento, CA 95824

Hiram Johnson Family Education Center
3535 65th Street
Sacramento, CA 95820

Capital City Child Development Center
7220 24th Street
Sacramento, CA 95822

Services Offered

- Parenting Classes
- School-Sponsored Childcare
- Lactation Accommodations
- Resource Assistance
- Early Head Start Program (Home-Based Option and Center-Based Option)
- Home Visiting and Services for Pregnant Women
- Mental Health Services
- Special Education Support

Sacramento County Office of Education • (916) 228-2500

SCOE offers the Senior Extension Program which is designed for young adult students from the ages of 17–21 who have been continually enrolled in a school program. The Senior Extension Program offers students a more flexible option to accommodate their specific scheduling needs. Contact the registrar at (916) 228-2090 or csregister@scoe.net.

Locations

North Area Community School
4000 Pinell Street
Sacramento, CA 95838

E.L. Hickey Jr./Sr. High School
2040 Ethan Way
Sacramento, CA 95825

Gerber Jr./Sr. High School
8401 Gerber Road
Sacramento, CA 95828

Services Offered

- Parenting Classes
- Lactation Accommodations
- Resource Assistance
- Contracted-learning with a flexible schedule
- Home Visits
- Job Readiness and Career Exploration
- College Preparation
- Public Transportation
- Academic and Career Counseling
- Anger Management, AOD, and Family or Trauma Counseling
- Homeless Services and Transition to Independent Living
- Access to Probation and Community Service

San Juan Unified School District • (916) 971-7700

SJUSD facilitates programs and services for pregnant and parenting students primarily through the Early Childhood Education (ECE) Department coordinated with the Family and Community Engagement Department and K–12 Counselors.

Location

San Juan Unified School District
3738 Walnut Avenue
Carmichael, CA 95609
(916) 971-7700

Early Childhood Education (Main Office)
5309 Kenneth Avenue
Carmichael, CA 95608
(916) 971-5988

Services Offered

- Parenting Classes
- School-Sponsored Childcare
- Lactation Accommodations
- Resource Assistance
- Early Head Start Locations with On-campus Childcare:
 - Encina Preparatory High School
 - San Juan High School
 - UnSchool/El Sereno Alternative School
 - Marvin Marshall Toddler Center
 - General Davie Jr. Primary Center

Twin Rivers Unified School District • (916) 566-1600

TRUSD's Parenting Teen Program provides education, resources, and case management for expecting and parenting students. The Program is coordinated by the Early Childhood Education Department (916) 566-1616.

Location

Pacific Career & Technology High School
6560 Melrose Drive
North Highlands, CA 95660
(916) 566-2715

Services Offered

- Parenting Classes
- School-Sponsored Childcare
- Lactation Accommodations
- Resource Assistance
- Transportation for Enrolled Student and Infant/Child
- Parent Information Center
- Work Study Option
- Regional Occupational Program (ROP) Option